

KINDRED SPIRITS SOCIAL CLUB

at North Laurel



March 2017

Write it on your heart, everyday is the best day of the year.

~Ralph Waldo Emerson

March is upon us and the warm weather is on its way. We have a lot of great activities planned: music, ceramics and a billiards party with the 50+ Center.

Nancy

HOURS 9 :30AM - 1 30 PM

Tuesday & Thursday

IMPORTANT NUMBERS

Nancy Riley

410-313-7691

Carmen at Front Desk

410-313-0380

Regional Transit Agency

1-800-270-9553

Maryland Access Point

(410) 313-1234

Alzheimer's Association

(Greater MD Chapter)

(410) 561-9099

News & Notes:

We will be closed on 3/28/17 for a staff meeting. Our room is often cool so please remember to bring a sweater.

Sick Policy: If the participant is feeling ill or has a fever, please do not send him/her to the program.

If you can't attend for any reason, please leave a message at 410-313-5441 or email nriley@howardcountymd.gov.

Maryland Access Point of Howard County (MAP): Provides free information and assistance about services and programs for older adults and persons with disabilities. Contact them at 410-313-1234 or 800-506-5806 for more information.



5th Annual Howard County Caregiver Conference

Saturday March 25, 2017 9am-3:30pm

Glenwood 50+ Center

2400 Route 97, Cooksville, 21723

For more information or to register online go to:

<https://caregiverjourney.eventbrite.com>

For additional information, contact Earnestine Thomas, 410-313-5969 voice/relay, or ethomas@howardcountymd.gov.

Free on-site respite provided with pre-registration.

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Tuesday	Thursday
	2 9:30 Coffee & Conversation 10:30 Yo-Chi with Liz 11:00 Activity with COTA students 12:00 Lunch 12:45 Billiards Party
7 9:30 Coffee & Conversation 10:30 Yo-Chi with Liz 11:00 Cooking Activity 12:00 Lunch 12:45 Cards and Games	9 9:30 Coffee & Conversation 10:30 Yo-Chi with Liz 11:00 Music with Al 12:00 Lunch 12:45 This Day in History
14 9:30 Coffee & Conversation 10:30 Yo-Chi with Liz 11:00 Remembering When 12:00 Lunch 12:45 Crossword Puzzle	16 9:30 Coffee & Conversation 10:30 Yo-Chi with Liz 11:00 Travel to Dublin, Ireland 12:00 Lunch 12:45 St Patrick's Day Trivia
21 9:30 Coffee & Conversation 10:30 Yo-Chi with Liz 11:00 Ceramics 12:00 Lunch 12:45 Billiards	23 9:30 Coffee & Conversation 10:30 Yo-Chi with Liz 11:00 <i>Two for the Show</i> with 50+ Center 12:00 Lunch 12:45 This Day in History
28 CLOSED — STAFF MEETING	30 9:30 Coffee & Conversation 10:30 Yo-Chi with Liz 11:00 Craft 12:00 Lunch 12:45 Nature Walk

If you need this publication in an alternate format, call (410) 313-7691 or (410) 313-7218.
 To request a sign language interpreter or other accommodations to attend an event,
 please call one week in advance.